

HRA Qualified Medical Expenses

This is a quick reference list of expenses that can be reimbursed from a health reimbursement arrangement (HRA).
Check your Group's Plan for eligibility

Eligible Medical Expenses

- Abdominal supports
- Acupuncture
- Alcoholism treatment
- Ambulance
- Anesthetist
- Arch supports
- Artificial limbs
- Birth control pills (by prescription)
- Blood tests
- Blood transfusions
- Braces
- Cardiographs
- Chiropractor
- Christian Science practitioner
- Contact lenses
- Contraceptive devices (by prescription)
- Crutches
- Dental treatment
- Dental X-rays
- Dentures
- Dermatologist
- Diagnostic fees
- Drugs (prescription)
- Elastic hosiery (prescription)
- Eyeglasses
- Fees paid to health institute prescribed by a doctor
- Guide dog
- Gum treatment
- Psychoanalyst
- Psychologist
- Psychotherapy
- Radium therapy
- Psychotherapy
- Radium therapy
- Registered nurse
- Special school costs for the handicapped
- Spinal fluid test
- Splints
- Sterilization
- Surgeon
- Telephone or TV equipment to assist the hearing impaired
- Therapy equipment
- Transportation expenses (relative to health care)
- Ultraviolet ray treatment
- Vaccines
- Vasectomy
- Vitamins (if prescribed for specific treatment)
- Wheelchair
- X-rays

Eligible Over-the-Counter Drugs

- Antacids
- Allergy medications
- Pain relievers
- Cold medicine
- Anti-diarrhea medicine
- Cough drops and throat lozenges
- Sinus medications and nasal sprays
- Nicotine medications
- Nasal sprays
- Pedialyte®
- First aid creams
- Calamine lotion
- Wart removal medication
- Antibiotic ointments
- Suppositories and creams for hemorrhoids
- Sleep aids
- Motion sickness pills

Ineligible Medical Expenses

- Advance payment for services to be rendered next year
- Athletic club membership
- Automobile insurance premium allocable to medical coverage
- Boarding school fees
- Commuting expenses of a disabled person
- Cosmetic surgery and procedures
- Cosmetics, hygiene products and similar items
- Funeral, cremation or burial expenses
- Health programs offered by resort hotels, health clubs and gyms
- Illegal operations and treatments
- Illegally procured drugs
- Maternity clothes
- Penalties for failure to precertify according to health plan rules
- Premiums for life insurance, income protection, disability, loss of limbs, sight or similar benefits
- Scientology counseling
- Social activities
- Special foods and beverages
- Specially designed car for the handicapped other than an Autoette or special equipment
- Swimming pool
- Travel for general health improvement

Ineligible Over-the-Counter Drugs

- Toiletries (including toothpaste)
- Toothbrush of any kind (even if prescribed)
- Acne treatments
- Lip balm (including ChapStick® or Carmex®)
- Fiber supplements
- Cosmetics (including face cream and moisturizer)
- Medicated shampoos and soaps
- Vitamins (daily)
- Dietary supplements
- Weight-loss drugs for general wellbeing
- Herbs